Good News for Homemakers

Spring kitchen clean-up tips

By SHIRLEY W. WALTON
Extension Agent

More Spring Clean-Ups for the Kitchen

Two weeks ago I shared with you some information on how you can give items in your kitchen that special spring clean-up. I wish to continue some of these suggestions this week.

Dishwasher

Do you have dishwasher film inside your dishwasher? If so, fill the dishwasher with all your dirty dishes. However, never put any silver, aluminum or brass in the washer when this method is used or you will have a mess. Put a bowl in the bottom of the dishwasher. Pour 1 cup of household bleach into the bowl. Run through the washing cycle, but do not dry. This is very important to follow this instruction. Fill the bowl again with 1 cup white vinegar and let the dishwasher go through the entire cycle. This will remove alite the film, not only from your glasses, but from the inside of the dishwasher.

Drain

1. When a drain is clogged with grease, pour a cup of salt and a cup of baking soda into the drain, followed by a pan of boiling water. The grease usually will dissolve immediately and open the drain.

2. Coffee grounds are an absolute no-no. People have been telling for years that these are great for cleaning the drain. They do a nice job of clogging, especially when they get mixed with grease and other gunk.

Garbage Disposal

Grind a half lemon or orange rind in the disposal to remove any unpleasant odor. Grapefruit rind works almost as well.

Glassware

1. Never put a delicate glass in hot water, bottom side first. It will crack from sudden expansion. The most delicate glassware will be safe if it is slipped inside edgewise.

2. Vinegar is a must when washing crystal. Rinse in one part vinegar to three parts water. Air dry.

3. When one glass is stuck inside the other, do not force them apart. Fill the top glass with cold water and dip the lower one in hot water. They will come apart without breaking.

4. A small nick in the rim of a glass can be smoothed out by using an emery board. Be careful-don't try this on crystal.

5. Scratches on glassware will disappear if polished with toothpaste.

Grater

1. For a fast and simple clean-up, rub salad oil on the grater before using.

2. Use a toothbrush to brush lemon rind, cheese, onion or whatever out of the grater before washing it.

Meat Grinder

Before washing, run a piece of bread through it. This will save you a lot of effort and cleaning.

Oven

1. Following a spill, sprinkle with salt immediately. When the oven is cool, brush off the burnt food and wipe with a damp sponge. The salt will help stop the smoking, particularly if it is a sugary spill like from a fruit pie.

2. Sprinkle bottom of oven with automatic dishwasher soap and cover with wet towels. Let stand for a few hours.

3. A quick way to clean oven parts is to place a bath towel in the bathtub and pile all removable parts from the oven onto the bath towels. Draw enough hot water to just cover the parts and sprinkle a cup of dishwasher soap over it. While you are cleaning the inside of the oven, the rest will be cleaning itself.

4. An inexpensive oven cleaner is as follows: Set the oven on warm for about 20 minutes and then turn off. Place a small dish of full strength ammonia on the top shelf. Put a large pan of boiling water on the bottom shelf and let it set overnight. In the morning, open the oven and let it air a while before washing off with soap and water. Even the hard baked-on grease will wash off easily.

Plastic Cups, Dishes and Containers

1. Coffee or tea stains can be scoured out of plastic cups, dishes and containers with baking soda.

2. Or, you can fill the stained cup with hot water and drop in a few denture cleanser tablets. Let soak for one hour.

3. To rid foul odors from plastic containers, place crumpled up newspaper, black and white paper only, into the container. Cover tightly and leave overnight.

Homemakers, if you have a homemaking question or problem, you may call the Appomattox County Extension Office at 352-8244 or you may write us at P. O. Box 488, Appomattox, Va. 24522. It is always a pleasure to hear from you and to help you.

Special Announcement: Homemakers, if you wish to have your pressure canner gauges tested, you may bring them the Extension Office either early in the morning shortly after 8:00 or late in the afternoon between 4:00 and 5:00. I shall be happy to test this at no charge. We also have a bulletin rack filled with information on food preservation--canning, pickling, preserving and freezing and drying.

Have a good week, homemakers!

Recipe of the Week

Springtime Strawberry Dessert

1 angel food cake
1 box wild strawberry gelatin
1 cup water
1 pt frozen or fresh strawberries sliced or whole, sweetened
1 qt. vanilla ice cream
1 large box lemon instant pudding mix
½ cup milk

Break angel food cake in small pieces and line bottom of large container. Mix gelatin and water together. Add strawberries to it. Set aside to cool. Soften ice cream. Then beat ice cream and instant pudding and ½ cup milk together. Cover cake with this mixture. Pour strawberry mixture over cake mixture. Chill in refrigerator until ready to serve.

Thanks to Elizabeth Hancock, my sister-in-law, for sharing this delicious dessert with us.

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Hunter completes course

Marine Pvt. Vincent L. Hunter, son of Norvell D. and Jacqueline C. Hunter of Route 2, Concord, Va., has completed a Basic Engineer Equipment Mechanic Course.

During the ten-week course at the Marine Corps Engineer School, Camp Lejeune, N. C., trainees studied the inspection, maintenance and repair of engineering and earth moving equipment used by the Marine Corps. They received instruction on gasoline and diesel engine troubleshooting, hydraulic, clutch and brake systems, plus related repair shop safety measures.

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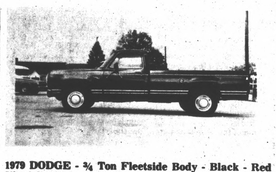
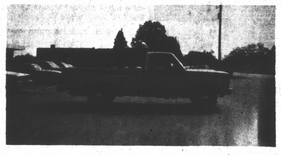


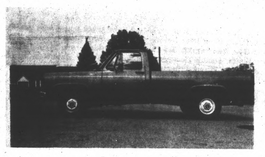
1979 DODGE - ¾ Ton Fleetside Body - Black - Red Vinyl Interior - 360 V-8 - 4 Speed - Power Steering - AM/FM Radio - Air Conditioned



1977 CHEVROLET — Scottsdale - 8 Ft. Fleetside - Beige/Tan - Camel Vinyl Interior - AM/FM Radio - Air Conditioned - Step Bumper -

1977 CHEVROLET — Scottsdale - 8 Ft. Fleetside - Blue - Blue Vinyl Seats - H.D. Chassis - Sliding Rear Window - 350 V-8 - Automatic - Power Steering

1974 FORD — 8 Ft. Body - Green/White - Green Vinyl Seat - Automatic - Step Bumper - AM/FM Radio



1975 CHEVROLET - Fleetside - 8 Ft. - Green Custom Deluxe - Automatic - Power Steering - AM Radio - Sliding Rear Windows

1973 DODGE — 8 Ft. Fleetside - Green White - V-8 - Automatic - Step Bumper

1974 CHEVROLET — 8 Ft. Fleetside - Green - Green Interior - 350 V-8 - Automatic - Air Condition - Power Steering - H.D. Rear Springs - Step Bumper

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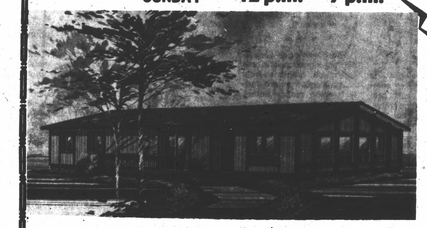

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DRAWING ON SUNDAY — 1 EACH HOUR

MRS. WALTON'S FIFTH GRADE CLASS is shown observing National Plant-A-Tree Day (May 6) at Appomattox Elementary School. Mr. and Mrs. Warren Taylor donated the white pine tree from the Rocky Run Christmas Tree Farm that is being planted. A brief ceremony was given by the students at each school regarding the values of trees.

Mrs. Walton's class won first place in the Citizen Agreement Litter Control Contest by bringing in the highest percentage of signatures at Appomattox Elementary School. First prize at each school is a $100.00 award granted by the Division of Litter Control, Richmond, Va.

A-DIGGING THEY DID GO! Students in the fifth and sixth grade gifted and talented program at Appomattox Elementary School went on an archeological excavation, or dig on Friday, May 8. Using the techniques of modern archeology that unearthed and brought back to the classroom strange and mysterious artifacts for reconstruction and analysis.

AMS Menu

Wed., May 13 - Spaghetti with meat sauce, tossed salad, buttered corn, roll, milk.

Thurs., May 14 - Chili Beans, cole slaw, peaches, roll, milk.

Fri., May 15 - Batter dipped fish, macaroni and cheese, seasoned green beans, chilled apple sauce, roll, milk.

Mon., May 18 - Corn dogs, tater tots, mixed vegetables, apple sauce, milk.

Tues., May 19 - Chicken salad/lettuce and crackers, candid yams, peas and carrots, roll, milk.

Wed., May 20 - Sub, sandwiches, potato chips, strawberry shortcake, milk.

Thurs., May 21 - Lasagne, green beans, pear half, roll, milk.

Fri., May 22 - Hot dog on bun, buttered corn, peach cobbler, milk.

Tues., May 26 - Batter dipped fish buttered corn, cole slaw, roll milk.

Wed., May 27 - Hamburger steak/gravy, whipped potatoes, green peas, hot roll, milk.

Thurs., May 28 - Pizza, tossed salad, peaches, milk.

Fri., May 29 - Beans and franks, cole slaw, apple sauce, hot roll, milk.

Elementary Menu

Wed., May 13 - Hamburger on bun, baby lima beans, buttered corn, fruit cocktail, milk.

Thurs., May 14 - Pork barbecue on bun, buttered broccoli, potato tarts, pineapple, milk.

Fri., May 15 - Fish squares, green peas, hot rolls, buttered carrots, purple plums, milk.

Mon., May 18 - Sliced ham, hot rolls, scalloped potatoes, green beans, peach cubes, milk.

Tues., May 19 - Foot long hot dogs, pork and beans, coleslaw, fruit cup, milk.

Nutrition consultant to speak

Dr. Barbara Morlang, R.D., Nutrition Consultant with the State Department of Health will speak to the Appomattox Multidiscipline Team on the subject, **Hyperactive Children Vs. Food Additives** on May 19 at two o'clock in the afternoon in the conference room of the Virginia Cooperative Extension Service District office.

Dr. Morlang's visit is made possible through the cooperation of Brenda Richardson, R.N. with the Appomattox County Health Department.

BABY OF THE WEEK

WYATT KEENE TORRENCE, 18 months old, is the son of Mr. and Mrs. Mike Torrence of Appomattox. Grandparents are Mr. and Mrs. Jimmy Tibbs and Mr. and Mrs. Elliott Torrence.

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Winners announced for Public Speaking Contest

Greg Maxey, Amelia; Barry Guthrie, J. J. Riegel; and Quentin Wilson, Jefferson Forest, placed first in their divisions during the 51st Annual Southside Area Public Speaking contests in the Jefferson Forest High School, May 5. Each will represent the 14-county Southside Area in the state finals at VPI&SU in June.

Greg Maxey won first in the senior division. Second place went to John Jones, William Campbell. Others in the order of placing were Mark Martin, Liberty; Tim Morris, Buckingham; and Alphonzo Kelly, Brunswick Senior.

In the junior division won by Barry Guthrie: Penny Cole, Crewe Jr, was runner-up. Third place went to Ray Carter, Jefferson Forest. Faye Toombs, Charlotte Central Middle; and Willie Conner, Halifax Junior, finished fourth and fifth respectively.

Quentin Wilson of Jefferson Forest took first place in extemporaneous speaking. Kevin Harding, Amelia, placed second. Third place went to Glenn Clowdis, William Campbell; and Eric Adams, Randolph-Henry, finished ourth.

The contests were coordinated by G. S. Jones, instructor of agricultural education in the host school. **A. H. Carter, Appomattox County High School,** served as one of the judges for the senior division.

Circle calling now available

Circle Calling, an optional discounted long distance rate plan, is now available to 10,250 Continental Telephone customers in the Amherst and Appomattox areas, according to Spence Kiser, Amherst customer service manager.

The new plan allows for reduced long distance charges for customers who place a high volume of calls to communities close by, Kiser said.

Ten exchanges in this area can subscribe to Circle Calling: Allwood, Amherst, Raphine, Sweet Briar, Appomattox, Gladstone, Newport, New Castle, Paint Bank, and Pamplin.

"Circle Calling rates, like most other long distance rates, are figured according to time and distance," Kiser explained. "But, Circle Calling is based on rate banks (or circles, computed on a straight line basis) around your exchange.

"For example, the first band includes all exchanges within an eight mile radius of your exchange. The second band includes all exchanges within a 13 mile radius."

Snell accepted to program

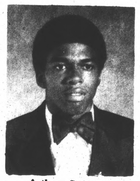
Anthony C. Snell, a graduating senior at Virginia Commonwealth University has been accepted into the Master of Public Administration Program at the State University of New York at Albany. Anthony will be concentrating in Public Finance. He is a 1977 graduate of Appomattox County High School.

The State University of New York at Albany has awarded Anthony as assistantship and a full tuition waiver. The assistantship requires either teaching or research. Upon completion of the two-year program, he plans to pursue his career in the public sector as a city finance director or an economiconsular for the U. S. Department of State.

Anthony has been selected as an alternate Junior Foreign Service Officer intern for the U. S. Department of State. If selected, he will be stationed in Washington, D. C. for four months.

In the month of March, Anthony was selected as a nominee for the **International Youth Achievement Biography.** On May 16, 1981 Anthony will receive his B.S. degree in Urban Studies with a minor in Political Science.

Anthony is the son of Mr. and Mrs. Nathan M. Snell of Evergreen, Va.



Anthony C. Snell

Locals host HUB outing

The Hub Federation outing was hosted by the Appomattox Senior FFA Chapter May 2 at the Appomattox Middle School.

Chapters from William Campbell, Amherst Senior, Monelison Jr., and Rustburg joined the teams from Appomattox in participating in the softball tournament for eighth, ninth and senior divisions.

Eighth-grade championship was won by William Campbell Junior Chapter. Ninth-grade winner was the team from Monelison. The senior division champion was the Amherst Senior team.

Following the softball tournament the FFA members enjoyed a cookout lunch.

Susan Shorter

Local gets scholarship

Susan Dexter Shorter, a senior at Appomattox High School, has been awarded an Averett Scholars merit scholarship from Averett College in Danville, Virginia.

The scholarships are awarded to qualified entering freshmen students and are based upon leadership and academic qualities exhibited by the student.

Only students in the top portion of their high school classes with high SAT scores are considered by these scholarships.

Ms. Shorter is the daughter of Mr. and Mrs. William H. Shorter, Sr. of Appomattox, Virginia. Her high school activities have included: being editor of her high school newspaper, in the National Honor Society and Secretary of the Senior Class.

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Mini (4g).....	41.52	21.20
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